**Attractions Along the Route**

**National Glass Centre**
Liberty Way, Sunderland. T: 0191 513 5555
www.nationalglasscentre.co.uk

It was here that the innovative Bede, early medieval Europe's greatest scholar and maker of maps, lived and worked 1,300 years ago. This atmospheric museum is rich with the unique blend of history, visual and hands on displays, including the first the real finds made at St Paul’s and introductory Anglian-Saxon demonstrator talk. Bede's World also features an impressive shop and restaurant. Fully programme of special events and temporary exhibitions.

**Monkwearmouth Station Museum**
North Bridge Street, Sunderland. T: 0191 567 7075
www.museum.sunderland.ac.uk

This splendid Victorian railway station recreates a sense of rail travel past. Special temporary exhibitions can be seen throughout the year and regular activity sessions are also held.

**Sunderland Museum & Winter Gardens**
Boccon Road, Sunderland. T: 0191 523 2223
www.sunderlandmuseum.org.uk

Exciting hands on exhibits and interactive displays tell the story of Sunderland from its prehistoric past through to the present day. The Art Gallery presents paintings by local artists alongside Victorian masterpieces whilst the stunning Winter Gardens stimulate the senses with over 1,500 flowers and plants brought together in a spectacular showcase of the world's natural beauty.

**Sunderland Tourist Information Centre**
54 Friar Street, Sunderland, Tyne & Wear. SR1 3EB T: 0191 550 1000. E: tourism@sunderland.gov.uk

These are only a selection of places to visit in the area. For more detailed further information on other walking and cycling routes, and places to visit in Sunderland and South Tyneside please contact.

**South Shields Tourist Information Centre**
Queen Street, Oxted, South Shields. NE32 3DY
www.visitcollingwood.co.uk

This innovative and unique venture is recreating a sense of rail travel in the Great North Forest, and enjoyable path through countryside.

**Bede's World**

City of Sunderland Council T: 01204 373713

Bede was the most important early medieval historian in England and the English, but also made a landmark contribution in poetry, astronomy, mathematics and the re-invention of time.

**Walking Bede's Way**

Bede's Way — walk along a great day out following the footsteps of seventh century prayer.

Bede's Way has been devised to link the twin Anglo-Saxon monasteries of St Peter’s in Wearmouth and St Paul’s in Jarrow.

Today the route follows a safe and enjoyable path through the countryside, starting twelve miles at rich landscapes, delightful hills and mesmerising streams.

**USEFUL INFORMATION**

**TRANSPORT INFORMATION**

**To St Paul’s Church**

By cycle: exit from Monkwearmouth Station. Walk: toll free telephone 0870 505 2222 Lucy, Children's Home and Nursery. From Sunderland City Council T: 01204 373713

By car: A183 New Road, Bede's World Station.

From Bede's World Metro Station: High Street, Bede's Way. From Bede's World Metro: Metro Station.

From South Shields Metro Station: Kippax Street, Bede's Way. From Bede's Way: Metro Station.

By bus from: Newcastle Central Station: M-PH-M-P-6-DAPP. From South Shields Metro Station: Kippax Street, Bede's Way. From Bede's Way: Metro Station.

By train from: Newcastle Central Station: M-PH-M-P-6-DAPP. From South Shields Metro Station: Kippax Street, Bede's Way. From Bede's Way: Metro Station.

Other public transport:

Please contact South Tyneside Council T: 01862 636363

**To St Paul’s Church**

By cycle: exit from Monkwearmouth Station. Walk: toll free telephone 0870 505 2222 Lucy, Children's Home and Nursery. From Sunderland City Council T: 01204 373713

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Other public transport:

Please contact South Tyneside Council T: 01862 636363

**HISTORY**

Bede was the most important European scholar of his age. His work meant to the English people the merging of their writing and first hand of the English, but also made a landmark contribution in poetry, astronomy, mathematics and the re-invention of time.

This combination of new medieval standing stones forms part of the most important early medieval church culture makes the twin monastic foundations of Wearmouth and Jarrow a site of world importance.

**Photographs (aboves and below) Copyright: City of Sunderland Council**

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With picturesque golden beaches, picturesque villages, interesting historic Heritage and rich maritime history, Sunderland and South Tyneside can make a wealth of places to visit and activities to do. Some of the attractions may be open, some may close by on Bede’s Way.

**ATTRACTIONS ALONG THE ROUTE**

**National Glass Centre**
Liberty Way, Sunderland. T: 0191 557 2145 www.nationalglasscentre.co.uk

This museum and unique venture is dedicated to promoting glass in all its uses. It contains technology and history of the art of glassblowing, and presents a vehicle for artistic expression. Take the Glass Tour and enjoy a voyage through some 3,000 years of glass making in Sunderland & leading19th century ‘Transparencies.

**Monkwearmouth Station Museum**
North Bridge Street, Sunderland. T: 0191 567 7075

This splendid Victorian railway station reception receives a sense of rail travel past. Special temporary exhibitions can be seen throughout the year and regular activity sessions are also held.

**Sunderland Museum & Winter Gardens**
Boutique Road, Sunderland. T: 0191 553 2222 www.sunderlandmuseum.org.uk

Exciting hands-on exhibits and interactive displays tell the story of Sunderland from its prehistoric past through to the present day. The Art Gallery houses paintings by many Sunderland artists, alongside Victorian masterpieces whilst the stunning Winter Gardens stimulate alongside Victorian masterpieces whilst the stunning Winter Gardens stimulate activity sessions are also held.

**Sunderland Tourist Information Centre**
5 Forth Street, Sunderland, Tyne & Wear. SR2 1JF T: 0191 5511022. E: tourism@sttne.org.uk

**South Shields Tourist Information Centre**
South Shields Museum and Art Gallery, South Shields, South Shields, Tyne & Wear. T: 0191 460 6200 www.southtyneside.info

**CHARACTERFUL HISTORIC SITES**

**2500 years of history**

**Hedworth Lane**

**Metro Line**

**KEY**

**RIVER DON**

**ALLOTS.**

**CENTRE**

**GLASS**

**HOUSE**

**NAT RES.**

**Metro Station**

**Fully Accessible**

**Pub**

**Bus Stop**

**Footpath**

**Sites of Interest**

**For further information on other walking and cycling routes, and places to visit, in Sunderland and South Tyneside please contact:**

**Sunderland Museum & Winter Gardens**
Boutique Road, Sunderland. T: 0191 553 2222 www.sunderlandmuseum.org.uk

For cycling route and info visit www.sustrans.org.uk

For walking route and info visit www.wearmouth-jarrow.org.uk

**Walking Distance**

**Estimated Time**

**Bede’s World**

**Historical Sites**

**Metro Line**

**Metro Station**

**Footpath**

**Buildings of National Significance**

**This building can be used to start the route at St Peter’s Church, near the map of the whole Bede’s Way and, for the visual enjoyment of pilgrims, while following the Boat Route, a map of the whole Bede’s Way may be carried.**

**Other public transport connections detailed along the route so you can stop or join Bede’s Way as you wish.**
Public Transport Information

Buses to Sunderland Interchange, West Boldon Interchange, Monkwearmouth Metro Interchange, Newcastle (Blackett Street)

Public Transport Information

Buses to St Peter’s Church, West Boldon Interchange, Monkwearmouth Metro Interchange, Newcastle (Blackett Street)

Public Transport Information

Buses to Sunderland Interchange, Monkwearmouth Metro Interchange, Newcastle (Blackett Street)
St Paul's

To reach the River Don pub, take left path adjacent Don footpath until you reach CEMETERY ROAD.

Follow left of the Lincoln Way, named after the small licks that populate the highways along the routes, passing through local Nature Reserve, and the Green Howes stone complex.

Public Transport Information

Buses to Sunderland Interchange, West Boldon Metro South Shields Interchange, and Broom Street Interchange. No 1 to 31.

Public Transport Information

Buses to Sunderland Interchange, North Shields Interchange, and Newcastle (Blackett Street) Interchange.

Public Transport Information

Buses to Sunderland Interchange, West Boldon Metro South Shields Interchange, and Broom Street Interchange. No 1 to 31.

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