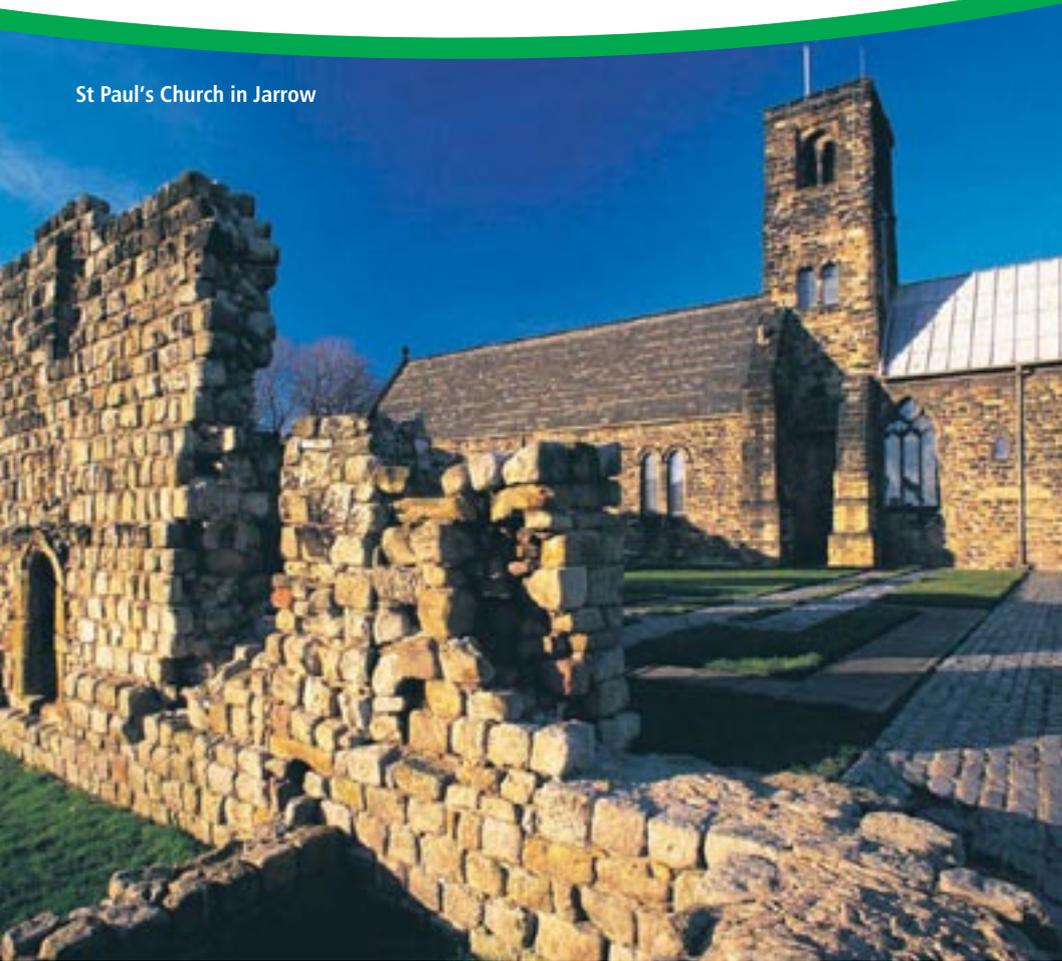


South Tyneside

Brought to you by South Tyneside Council and our partners

St Paul's Church in Jarrow



World Heritage Site

The twin Anglo-Saxon monastery of Wearmouth-Jarrow is the UK's nomination for World Heritage Site Status in 2011. The monastery is centred around St. Paul's Church in Jarrow and St. Peter's Church in Wearmouth, Sunderland. Wearmouth-Jarrow was a major centre of European learning and culture in the 7th century and was home to the Venerable Bede.

The gateway to the site is Bede's World. This popular attraction uses excavated

remains and hands-on activities and exhibits to bring to life the story of Bede and his fellow monks. There are fascinating finds on display and a working farm with rare breeds of cattle, wild pigs, sheep and geese. Find our more. **Visit www.bedesworld.co.uk or call 0191 489 2106**

When World Heritage Site status is achieved, South Tyneside will receive world-wide recognition and a substantial increase in visitors to the area. Register your support. **Visit www.wearmouth-jarrow.org.uk**

Regeneration update

Boldon, Cleadon, Whitburn

Boldon based Castle Property Management & Building Services are celebrating after securing a £3m contract to work on the new BT headquarters at Harton Staithes.

East Shields

The £2million sea change project at South Shields sea front is nearly finished. We hope you'll be surprised at how fantastic it looks.

Hebburn

15 two-bedroom bungalows in Brancepeth Road and six in Hedgeley Road are now complete.

Riverside



You'll be surprised what we've got planned for the riverside area. A design competition has been launched for a superb new £1.5m waterfront park.

West Shields



The Mayor of South Tyneside, Councillor Tom Pigott, has received the keys for the first of six two-bedroom homes in Sheridan Road from Frank Haslam Milan construction

director Keith McDougall. They are joined by Biddick and All Saints ward councillors Olive Punchion and Anne Walsh and Brian Peel from the Homes and Communities Agency. The homes will be available to rent from South Tyneside Homes.

To find out more about these developments visit

www.southtyneside.info/regeneration

October 2010

This edition was funded by:



South Tyneside Council



South Tyneside **NHS**
Primary Care Trust





Putting down roots in South Tyneside. The Mayor, Cllr Tom Pigott with HarperCo Chairman David Harper outside new office premises.

More business in the borough

South Tyneside Council continues to work with businesses during the current economic climate, to ensure that new businesses, jobs and skills are brought to South Tyneside.

HarperCo has strong growth aspirations and its switch to Monkton Business Park in Hebburn means 60 jobs have already been safeguarded, while a further 60 will be created over the next two years. The firm provides training, qualifications and development packages in areas ranging from engineering, manufacturing and customer support to management and leadership skills.

It boasts a glittering client list that includes the likes of NHS, Lidl, DHL, Harrods and Argos. HarperCo is also working with national companies to bring together progressive employers and bright, talented young people to deliver apprenticeships as part of its National Apprenticeship Business Ltd arm.

For advice and support from the Economic Development Team call 0191 424 6262.

Fire service offers free safety checks

Tyne and Wear Fire and Rescue Service is offering home safety checks and fitting free smoke alarms for people in South Tyneside at greater risk of fire.

Group Manager Ian Robertson, Tyne and Wear Fire and Rescue Service, said: "Fire costs lives and people can be devastated when a loved one dies or their home is destroyed, but these tragedies can be prevented if you take fire safety precautions."

Those who are at greater risk of fire include disabled people, those aged 60 or over, parents with young children and people with health issues that may restrict mobility.

To book a free home safety check, call freephone 0800 032 7777 or visit www.twfire.gov.uk



A South Tyneside resident receives fire safety advice from Tyne and Wear Fire and Rescue Service.



Margie Burdis, BT South Tyneside Chief Executive with Brian Scott - Director of Finance and Support Services for South Tyneside Homes and Melanie Finnigan, BT South Tyneside Third Party Business Account Manager

Thousands of South Tyneside householders benefit from multi million investment in new technology

A multi million pound investment in new technology will bring important benefits for thousands of South Tyneside households.

South Tyneside Homes have agreed a five-year contract with BT South Tyneside to provide them with state-of-the-art technology and services.

The latest computer systems, fully managed by BT, will allow South Tyneside Homes staff to work more quickly and efficiently in a variety of functions, including customer service, procurement, finance and personnel.

BT South Tyneside will also provide laptops and a brand new 'self service' technology which will help staff with important day-to-day administration.



Taking steps to support cancer survivors – the Macmillan Vocational Rehabilitation Service Team (from right to left): Sue Renforth, Joanne Parker, Susan Thomas Jones and Lisa Ryan.

Pilot offers support for cancer survivors

NHS South of Tyne and Wear is one of only seven areas in the country chosen to pilot a vocational rehabilitation service for cancer survivors. The pilot, which is funded by Macmillan Cancer Support, is designed to help cancer patients with concerns about work.

Sue Renforth, Project Lead for the pilot, said: "We provide one-to-one support tailored to meet different people's needs. It could be advice as soon as they are diagnosed about whether they will be able to continue to work throughout their treatment.

"Or it could be advice or support before returning to work, following treatments. There may also be individuals who finished treatment some time ago who require advice or support with what to do next, and we can advise or signpost them to agencies who can help them with this.

Health professionals can refer individuals into the service or people can just call the team themselves on 0191 404 7125, Monday to Friday 9:30am- 2:30pm.

Don't be late and miss the date applying for your child's September 2011 school place!

If your child fits into one of the following groups it's time to apply for their September 2011 school place:

- My child is in a year six class in a primary or junior school
- My child is in a year two class at infant school
- My child's birthday falls between 1 September 2006 and 31 August 2007

You can apply for your child's school place online at www.southtyneside.info/schooladmissions

The deadline date for both paper and online applications is midday, Monday 1 November 2010 for Secondary Schools and midday, Monday 17 January 2011 for Infant, Junior and Primary Schools.

For further information contact the School Admissions team on 0191 424 7746.



Families First Fair

**Saturday 9th October, 10 am – 3pm,
Temple Park Centre, South Shields.
Free Admission**

Meet Tommy the Trumpeter and enjoy fun activities for the whole family

- Storyteller Tent
- Confi -dance Performances
- Sandpit
- Family Guys Dad's Group
- My Family Competition
- Graffiti Art
- Balance Bikes
- Multi-sensory Tent
- Circus skills workshop

Information also available from services across South Tyneside; Children's Centres, Fostering & Adoption, Connexions, School Choice, Training in Childcare, Northumbria Police, Jobcentreplus, Health and more...

For more information contact the Families Information Service on 0800 783 4645.



Have your say on transport plans

Councils in Tyne and Wear need to produce a joint Local Transport Plan for the area. The plan focuses on

- supporting economic growth
- reducing carbon emissions
- promoting equality of opportunity
- contributing to better safety, security and health
- improving quality of life and a healthy natural environment

It gives proposals for transport in Tyne and Wear between 2011 and 2021. All types of transport including walking, cycling, public transport, freight and car travel are taken into consideration.

The plan will be available from 18 October 2010 at www.tyneandwearltp.gov.uk or by calling 0191 277 8997. Please tell us your views by 10 December.

Have your say on transport plans

Don't lose your right to vote - register now

Voter registration forms were sent to all homes in August and September.

If you haven't registered, you should fill in your form and send it back to us by freepost. If there are no changes to make to the details printed on the form, you can register by phone, online or by text.

Why do I need to register now?

- We must produce a new register of electors every year on 1 December
- Members of Parliament and local councillors represent you, so make sure you register so you can have your say
- Credit card and loan companies check to see if your name is on the register
- It will save public money, as we won't need to visit you or send another form

16 and 17 year olds

Make sure their names are added to the form so that they can vote as soon as they are 18.

For further information contact the elections team on 0191 424 7230.



Free NRT frees Ron from 44-year smoking habit

A South Tyneside factory worker has quit his 44-year smoking habit thanks to free Nicotine Replacement Therapy (NRT). Ron Nicholson stubbed out the habit with the help of his local NHS Stop Smoking Service and nicotine chewing gum and inhalators – thanks to an NHS South of Tyne and Wear initiative. Now, the 58-year-old is encouraging others to take advantage of the free scheme, which offers quitters a potential saving of up to £86.40. To qualify, smokers must register with their local NHS Stop Smoking Service, located in a variety of pharmacies, GP surgeries and dental practices across South Tyneside.

Ron, said: "I saw the free NRT offer advertised in the Shields Gazette and I thought 'why not? It might be an easier way to do it.' The gum and inhalators really helped with my cravings and the Stop Smoking Service were so friendly and encouraging."

To take advantage of the free NRT offer, which ends on 31st December, contact your local Stop Smoking Service on 0800 531 6317 (freephone) or 0191 283 1145.

Ron quits smoking with the help of free NRT



Activities for dementia patients

Trailblazing wellbeing activities benefiting South Tyneside dementia patients

Health organisations in South Tyneside are trailblazing a variety of services to enrich the lives of people with dementia.

NHS South of Tyne and Wear and Northumberland, Tyne and Wear NHS Foundation Trust are working together to provide a variety of wellbeing initiatives for patients with dementia in South Tyneside.

Patients are benefiting from everything from gardening, food tasting sessions, tile painting, chair exercise and music sessions in a bid to improve general health and wellbeing, which in turn, contributes to good mental health.

Patients can be referred into the activities service following an assessment of their needs by the Older People's Mental Health Service. The activities are provided at the Father James Walsh Active Life Centre in Hebburn.

Blue bins help recycle much more

The new blue bin scheme is helping residents recycle much more on their doorstep. Latest figures show that in August the amount of recycled material collected was 96% more than the same time last year.

The blue bins were brought in to make recycling easier and are proving a huge success, leading to less going to landfill, and reducing the amount residents have to throw away in their waste bins.

Top tips for using your blue bins include:

- **Take the tops off your bottles** – these can also go into the blue bins but taking them off makes it easier to recycle them
- **No plastic carrier bags can be accepted** – so please don't put them in your blue bin
- **Only paper items should go into the caddy box inside the blue bin** – cardboard goes into the main part

Kerb-it Green

Don't forget that the last Kerb-it Green collections for the year will be in November, so get clearing your garden before then. Leaves, old plants, grass cuttings, hedge trimming, twigs and thin branches from bushes can all go in. The collections will start again in March.

The future for our waste

The South Tyne and Wear Waste Management Partnership has revealed that Sita has won a competitive tender to build and operate a facility that will treat around 190,000 tonnes of rubbish per year and turn it into energy. The partnership is set to almost double its recycling rate by 2020 and treat the waste that's left, to prevent it ending up in landfills. The new plans will save residents around £300m over the next 25 years – when compared to the cost of continuing to send waste to landfill.

For more information on recycling go to www.southtyneside.info/wasteandrecycling or call 0191 427 7000

Louise Landreth and her family use the new blue bin to recycle more and have found they throw a lot less waste away



FREE Senior Sports Festival for ages 50+

If you've ever fancied trying something new come along to Temple Park on Monday 18 October and get involved in taster sessions. There is no need to book.



For further information contact 0191 456 9119

Temple Park Centre - Monday 18 October					
10.30-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm
FREE Tea & Coffee	Archery	Aqua Fit	Archery	Archery	FREE Buffet
	Carpet Bowls	Archery	Carpet Bowls	Carpet Bowls	
	Gym Induction	Carpet Bowls	Gym Induction	Gym Induction	
	Keep Fit	Gym Induction	Keep Fit	Short Tennis	
	Salsacise	Short Tennis	Salsacise	Swimming	
	Swimming	Swimming	Swimming	Tai Chi	
	Table Tennis	Tai Chi	Table Tennis		

October Half term holiday activity & sports coaching programme

Monday 25 October – Friday 29 October



Watch out for further information on www.southtyneside.info/whatson or call 0191 424 7998

Happy Birthday South Shields Town Hall

On Tuesday 19 October, South Shields Town Hall is 100 years old.

Town Hall tours - Sunday 17 October

Have a guided tour around South Shields Town Hall.

10.30am and 1pm.

Booking is essential as places are limited.

Call 0191 424 7311.

Celebration event - Tuesday 19 October

Come along and join in an evening of entertainment and celebration outside of South Shields Town Hall.

6.30pm – 7.30pm

Look out for further information on www.southtyneside.info



This newsletter replaces onview. We have produced a smaller newsletter with partners to save money but still keep you informed. We welcome your feedback. Call 0191 424 7385 or email marketing@southtyneside.gov.uk. Your views will be included as part of our ongoing evaluation about how we communicate. If you would like the newsletter in a different format we can arrange that for you. If you would like to receive emails with news from South Tyneside Council visit www.southtyneside.info/email